

JEWISH. INDEPENDENT. NONPROFIT.

Give a tax-deductible donation

INSIDE OUR JEWISH ADVICE PODCAST

A Bintel Brief

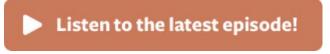
with hosts Ginna Green and Lynn Harris



In this episode, Bintel hears from "Grumpy Gifter," who writes with a quintessentially mid-30s frustration. She lives in a world of babies and weddings — which means, of course, that she is required to deliver a litany of gifts.

"I find it sad that community support has been reduced to buying people something off an internet list or dropping a postpartum meal at their door," Grumpy Gifter writes. "It's 2022. Do I have to participate in the wedding-and-baby-etiquette industrial complex? Or can we finally put that to rest?"





The Forward thanks Edward Blank, whose generous support makes the podcast possible.

Unsolicited Advice

Ginna and Lynn offer counsel and recommendations you didn't ask for.

WATCH the night sky during the month of June: <u>Mercury, Venus, Mars, Jupiter and Saturn will align this month</u>, and will be particularly visible to us Earthlings on June 24. (Ginna)

LISTEN to the audiobook of Hannah Gadsby's <u>Ten Steps to Nanette</u>. I mean, you could also read it, but why miss out on her Tasmanian lilt and hilarious-slash-searing delivery of truth? (Lynn)

DOWNLOAD the app "Ditto": I don't know how people survive without clipboard managers, and I've got to recommend the <u>Ditto</u> extension for all of your copy + paste needs. I literally (truly) use it approximately every 90 minutes. (Ginna)

SAVE those citrus peels! Heidi Swanson of 101 Cookbooks suggests just about <u>101 things to do</u> with them. I've also got orange vinegar (a natural cleaner) steeping in my closet. (Lynn)

WIPE your hands on your socks... rather than your shirt. If you must. Advice via my husband, who learned this in high school, and is respectable in most other ways. (Lynn)

DRINK "Mississippi Mud": Since Lynn is telling you to wipe your hands on your socks, I'll propose something else that might make you wince — but just give it a shot: mix Pepsi and orange juice. (As Carolina natives, growing up, we never drank Coke.) It was a childhood speciality of my dad, who is also respectable in most other ways. (Ginna)

Love Bintel? Try this!

In a frenzied media cycle, <u>Identity/Crisis</u> delves into the big ideas behind the news from a uniquely Jewish perspective. Host Yehuda Kurtzer from the <u>Shalom Hartman Institute</u> invites leading thinkers to **unpack current events affecting Jewish communities in North America**, **Israel**, and around the world. Tune in to discover and ponder the core Jewish values underlying the issues that matter to you.

Your Turn

Send us your thoughts: Have your own spin on this week's question? Agree or disagree with Bintel's advice? Share your feedback with us at bintel@forward.com.

How to listen to our podcast

Listen to A Bintel Brief on Apple, Spotify, or anywhere you get your podcasts.

Podcasts can be downloaded or streamed on the Podcast app on the iPhone. On other devices they can be found on Google Podcasts, Spotify or Amazon. For more information on how to access, listen to or subscribe to podcasts, click here. **New episodes every other Thursday.**



Your Hosts

Ginna Green is a strategist-consultant-movement-builder now helping Jewish (and other) organizations change through her new firm, <u>Uprise</u>. She is on the boards of progressive Jewish groups including Bend the Arc and the Jews of Color Initiative, and lives in Columbia, South Carolina.

Lynn Harris is a writer-activist-multihyphenate who uses the power of comedy to drive change. She is founder of <u>GOLD Comedy</u>, co-creator of <u>Breakup Girl</u>, and a former advice columnist for Glamour and other print magazines of blessed memory.

Need advice? Send us your question

Send an email to <u>bintel@forward.com</u> or leave a voice message at (201) 540-9728.

Let us know if you don't want us to play it on the air.

Support Independent Jewish Journalism

The Forward is a non-profit 501(c)3 so our journalism depends on support from readers like you. You can support our work today by donating or subscribing. All donations are tax-deductible to the full extent of US law.

Become a subscriber

Make a tax-deductible donation









Thanks for being one of our 1.5 million readers. If you enjoyed this newsletter, please forward it to a friend!

Have a question? Contact the Forward at help@forward.com

You're receiving this email because you signed up to receive newsletters from the Forward.

Manage my email preferences | Privacy Policy | Unsubscribe from this newsletter only

Copyright © 2022, The Forward Association, Inc. All rights reserved. The Forward Association, Inc., 125 Maiden Lane, New York, NY 10038